

Fresh & Light

Pastries 5 each

Steel-cut oatmeal 15
Coconut milk, seasonal fruit

Avocado toast 20
Smashed avocado, roasted almonds, confit tomatoes, pickled red onion, fresno chili on multigrain bread, mixed greens (*add 1 poached egg +\$3*)

Smoked salmon 24
Norwegian smoked salmon, lemon cream cheese, grilled scallions, crispy capers, multigrain bread

Eggs

we only use organic eggs

Frittata - 21
Spinach, confit tomatoes and goat cheese omelette, mixed greens

Scrambled eggs - 21
Scrambled eggs, bacon, homemade potatoes, toasted bread

Omelette with mixed greens - 21
- Cotto & Provola cheese
- Mushrooms & Fontina

Pancakes - 19

PANCAKES

• BIO •

Homemade ricotta pancake,
fresh berries, maple syrup — VGT

Sides

Bacon 13

Avocado 8

Smoked salmon 11

2 eggs any style 8

Potatoes 9

Piatti di Frutta

FRUIT PLATES

Piatto di frutta

SMALL BIG
26 32

DF GF RW VGN

Tropicale - 26

Selection of tropical fruits

DF GF RW VGN

Fresh mango - 19

upon availability

DF GF RW VGN

Macedonia & Yogurt

Tuttifrutti - 13
Mix of seasonal fresh fruits
(*add yogurt, granola or nuts \$ 3 each*)

Solo Yogurt - 13
Yogurt with homemade organic granola
(*add almonds, honey or fruit \$ 3 each*)

Energy Bowls - Tigela

For a feeling of well-being and vitality. Try the classic "Tigela" with granola and fresh fruit

Açaí - 14
Organic açai, banana, blueberries, homemade organic granola / *Naturally rich in antioxidants and omega-3, a light and energizing bowl* — DF VGN

Mango - 14
Mango, strawberries, banana, homemade organic granola, blueberries / *Packed with vitamins A and C for a fresh, tropical flavor* — DF VGN



Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Not a gluten-free facility, cross-contamination possible. Before placing your order, please inform your server if anyone in your party has a food allergy. 20% gratuity will be included for party of 6 or more

DF Dairy free

GF Gluten free

RW Raw

VGT Vegetarian

VGN Vegan



Caffè

COFFEE



Organic Espresso - 4

Organic Double Espresso - 6

Americano - 5
Organic blend by Lavazza

Organic Drip Coffee - 6

Organic Latte - 7

Organic Cappuccino - 6
Cappuccino made with organic milk and coffee—7

Organic Vegan Cappuccino - 6
Vegan cappuccino with organic oat milk—18 / DF VGN

Matcha Latte bio

- 5 -
Organic milk and Matcha Tea

Cioccolata calda

- 6 -
Hot chocolate

Juices

Refreshing, healthy, rich in vitamins and minerals

Arancia - 8
Fresh orange juice
Classic and refreshing source of vitamin C

Ornella - 9
Celery, fennel, carrot, ginger
Light and cleansing with a delicate spicy kick.

Annette - 9
Orange, pineapple, apple, lemon
Bright and citrusy, with a smooth finish

Ginger - 9
Pineapple, fennel, ginger, apple
Zesty and refreshing, ideal after a meal

Sucoverde - 9
White cabbage, spinach, pineapple, organic spirulina seaweed / *A powerful green blend, full of character and balance*

Healthy smoothies

Smoothies that improve your well-being with super fruits

Veracruz - 11
Organic chia seeds, mango, papaya, pineapple
A tropical mix enriched with chia for a smooth, silky texture

Madagascar - 11
Passion fruit, guava, banana, pineapple
/ Exotic and satisfying, with a naturally sweet finish

Formosa - 11
Papaya, strawberry, orange
A juicy combination with a delicate balance of sweetness and acidity

Alessio - 11
Passion fruit, strawberry, apple
A relaxing and aromatic blend, fruity yet light

Floripa - 11
Açaí, banana, apple
Smooth, rich in body, with a gentle berry note

Buzz - 11
Mango, soursoup, ginger, apple
Tropical and slightly tangy, with a lively kick

Bahia - 11
Blueberries, pineapple, banana
Refreshing and naturally sweet, with a touch of summer berries

Add protein \$3

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