



Detox Menu

A CHOICE OF ANY SALAD

Insalate

SALADS

VEGANE & VEGETARIANE

Seggiola

Avocado, carrots, celery, fennel, grape tomatoes, Castelvetrano olives, watermelon radish, organic seeds, organic mixed salad, balsamic — GF DF VGN

Paolina

Mozzarella di bufala, cherry tomatoes, chickpeas, cucumber, pickled red onion, organic mixed salad, balsamic — GF VGT

CON CARNE & PESCE

Aurelia

Steamed organic chicken, green apples, celery, parsley, toasted walnuts, organic mixed salad, mustard dressing — GF DF

San Saba

Sicilian tuna, organic hard-boiled eggs, cannellini beans, cherry tomatoes, organic seeds, organic mixed salad, mustard dressing — GF

Fossa

Poached shrimps, orange segments, roasted romanesco cauliflower, chives, toasted macadamia, organic mixed salad, citronette — GF DF

Impresa

Oven-roasted turkey breast, goat cheese, avocado, organic seeds, organic mixed salad, mustard dressing — GF

Botticella

House cured salmon, mango, scallions, toasted pistachios, dill, organic mixed salad, citronette — GF DF

A CHOICE OF JUICE OR SMOOTHIE

Juices

Refreshing, healthy, rich in vitamins and minerals

Arancia
Fresh orange juice
Classic and refreshing source of vitamin C

Ornella – 9
Celery, fennel, carrot, ginger
Light and cleansing with a delicate spicy kick.

Annette
Orange, pineapple, apple, lemon
Bright and citrusy, with a smooth finish

Ginger
Pineapple, fennel, ginger, apple
Zesty and refreshing, ideal after a meal

Sucoverde
White cabbage, spinach, pineapple, organic spirulina seaweed / A powerful green blend, full of character and balance

Healthy smoothies

Smoothies that improve your well-being with super fruits

Veracruz
Organic chia seeds, mango, papaya, pineapple
A tropical mix enriched with chia for a smooth, silky texture

Madagascar
Baobab fruit, maracuja, guayaba, banana, pineapple /
Exotic and satisfying, with a naturally sweet finish

Formosa
Papaya, strawberry, orange
A juicy combination with a delicate balance of sweetness and acidity

Alessio
Maracuja, strawberry, apple
A relaxing and aromatic blend, fruity yet light

Floripa
Açai, banana, apple
Smooth, rich in body, with a gentle berry note

Buzz
Mango, graviola, ginger, apple
Tropical and slightly tangy, with a lively kick

Bahia
Blueberries, pineapple, banana
Refreshing and naturally sweet, with a touch of summer berries

Add protein \$3

+

Homemade Bread

{ \$ 29 }

Menus are per person and cannot be shared